



**INSTITUT
POLYTECHNIQUE
DE PARIS**



Welcome booklet PhD students

ip-paris.fr

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INSTITUT POLYTECHNIQUE DE PARIS AND ITS FIVE SCHOOLS WELCOME YOU

AN INSTITUTE OF EXCELLENCE

Institut Polytechnique de Paris (IP Paris) is a public higher education and research establishment that brings together five major French engineering schools: [École Polytechnique](#), [ENSTA Paris](#), [ENSAE Paris](#), [Télécom Paris](#) and [Télécom SudParis](#). Under the umbrella of the Institute, these schools have pooled together two centuries of expertise in the pursuit of two broad ambitions: the development of educational programs of excellence and the performance of cutting-edge research.

A WORLD CLASS INSTITUTION

Standing on the shoulders of its five founding schools, IP Paris is positioned as a leading educational and research institution, both in France and internationally. The schools of IP Paris have all contributed in their own way to the great industrial and technological revolutions of the last two centuries. Graduates of IP Paris' schools include Nobel Prize-winners and major personalities from the worlds of politics, economics and research.

A MULTIDISCIPLINARY INSTITUTION

IP Paris' educational and research programs have been built with the efforts of 10 academic discipline communities, comprised of research professors from all five Schools. A multidisciplinary approach is therefore an integral part of the educational and research programs and makes it possible to create synergies between different fields, for example by promoting the application of new technologies to traditional engineering fields such as physics or transportation.

A HIGH-LEVEL EDUCATIONAL INSTITUTION

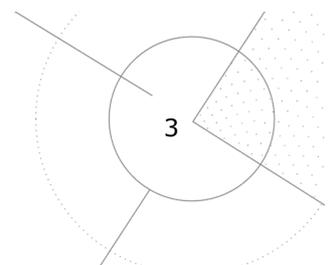
Like all its Schools, IP Paris is characterized by its highly selective recruitment method, and the guaranteed employability of its graduates at corporations, in government, and in the academic world. IP Paris and its Schools confer degrees at all levels, across a broad spectrum of disciplines: Undergraduate studies (Bachelor's degree from École Polytechnique), Master's degrees (engineering and masters' programs) and PhDs. IP Paris schools also offer institutional degrees (Masters of Science and Technology, Specialized Masters®) and executive education. IP Paris' programs help future graduates develop the skills they need to adapt to an increasingly competitive labor market. Beyond the educational offerings its schools provide, IP Paris also offers 14 master's degrees, which cover numerous fields, including not only the traditional scientific disciplines such as physics or biology, but also major contemporary subjects like digital technology and renewable energy.

AN INSTITUTION OFFERING AN ORIGINAL AND AMBITIOUS DOCTORAL PROGRAM

Top-level research relies on high-potential doctoral students. On the one hand, IP Paris offers 3-year doctoral programs in a wide variety of disciplinary fields. IP Paris' doctoral research activities are conducted in a high-quality scientific environment and can draw upon the work of 30 laboratories. On the other hand, mindful of the international competition in talent recruitment, IP Paris is aiming to roll out an ambitious five-year doctoral program which will welcome high-level students wishing to orient their studies towards research once they have obtained their Bachelor's degree. The ultimate goal is to double the number of doctoral students working in these laboratories.

A CUTTING-EDGE RESEARCH INSTITUTION

IP Paris brings together 30 research laboratories and several interdisciplinary innovation centers. Research programs prepared by academic discipline communities allow the definition of key areas and the development of cross-disciplinary research projects in partnership with companies. The research is organized around 5 priority areas: energy and climate change, security, digital, technology, and health. IP Paris also seeks to consolidate research in social sciences, which are now an essential part of ensuring the development of innovations with powerful economic and societal impact.





WELCOME TO IP PARIS DOCTORAL SCHOOL

The Doctoral School is home to approximately 900 PhD students, supervised by more than 800 research professors (with 550 holding an HDR accreditation to supervise research) and working at 30 research laboratories with great scientific impact (UMR CNRS, INRIA, CEA). These laboratories cover a large range of disciplines and enjoy an excellent national and international reputation, as well as a high level of recognition for their researchers and research professors.

On top of this academic environment of excellence, IP Paris DS also has access to an extensive industrial network (THALES, EDF, DANONE, etc.). This has allowed business partnerships to be developed, particularly with the many R&D laboratories belonging to industrial groups located in Plateau de Saclay.

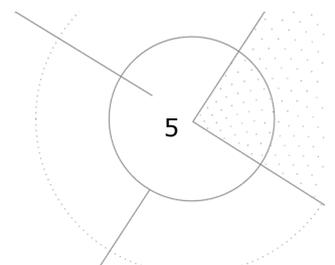
IP Paris DS offers the opportunity for extremely rich doctoral studies, whether in fundamental or applied research.

Institut Polytechnique de Paris Doctoral School is very open and favorable to international candidates (at present, international PhD students represent 45% of the cohort).

The IP Paris DS program prepares students for broad and stimulating scientific career prospects (research, teaching, project management, etc.) in universities and the private sector.

IP Paris DS covers many fields:

- the **IT, Data and AI** field, which aims to contribute to cutting-edge advances across the entire field. This ranges from the most fundamental aspects of IT, such as the efficient storage and fast processing of large quantities of data, to the most complex systems, such as cyber-physical systems, i.e., machines capable of understanding their environment, interacting with each other or humans, making decisions autonomously and explaining them.
- the **Information, Communications and Electronics** field, which is involved in research into applications and technology, but also addressing fundamental questions relating to the theoretical limits of communications and information systems, providing inspiration for future innovations.
- the **Economics, Management and Social Sciences** field, which seeks to tackle economic and societal challenges connected to digital and economic transitions disrupting our environments.
- the **Physics** field, which offers the possibility of completing a PhD thesis in fundamental physics, whether theoretical or experimental, or in more applied fields of physics, focusing on the properties of light and matter, energy, or living organisms.
- the **Biology** field, which covers a branch of science undergoing a full revolution, spurred by the many conceptual and technological advances of the past twenty years (“omics” approaches, genome editing, stem cells, etc.). Its societal impact is huge, ranging from medicine (personalized medicine, regenerative medicine) to multi-scale understanding of ecosystems.
- the **Chemistry** field, which is essential to meet current and future societal and environmental challenges, whether in the areas of health, energy, decontamination or development of new materials. Synthesizing new chemical compounds, studying their properties and fully understanding the physiochemical phenomena involved is at the heart of these issues.
- the **Engineering, Mechanics and Energetics** field, which unites major themes relating to how materials behave, are made and are implemented, designing optimal structures while accounting for interactions with the environment, and fluid mechanics in connection with both industrial and environmental applications.



WELCOME TO THE HADAMARD DOCTORAL SCHOOL OF MATHEMATICS

The objective of the Hadamard Doctoral School of Mathematics (EDMH) is to bring together all doctoral studies in mathematics within Université Paris-Saclay and Institut Polytechnique de Paris, ranging from the most fundamental mathematics to the most applied, including mathematics at the interface with other areas (particularly economics, IT, mechanics, physics, engineering sciences and life sciences).

The scope of EDMH covers 15 institutions belonging to Université Paris-Saclay and Institut Polytechnique de Paris, as well as École Normale Supérieure through co-accreditation (via Paris Sciences & Lettres).

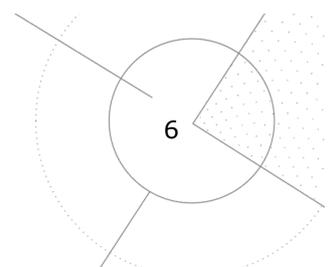
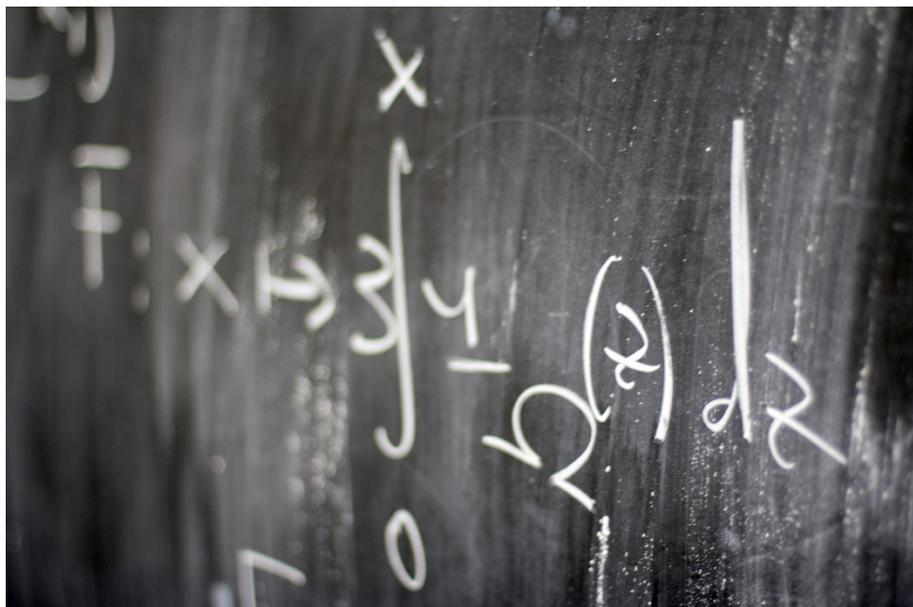
It is made up of 18 laboratories that host a little over 300 PhD students and 350 holders of an HDR accreditation to supervise research. International candidates are very welcome to apply.

EDMH receives strong support from Fondation Mathématique Jacques Hadamard (FMJH) and Hadamard Mathematics LabEx (LMH), in terms of thesis grants, administrative personnel and funding. FMJH played a key role in creating EDMH and continues to provide a crucial contribution to its development.

The mathematics research at Institut Polytechnique de Paris is spearheaded by the Mathematics Department, in which researchers and research professors from six laboratories collaborate in a variety of fields, including probability, statistics, pure mathematics, numerical analysis and optimization.

Mathematics provide the theoretical foundations required to go deeper in other related disciplines. So, this field should also be practiced in close connection with more applied areas, such as artificial intelligence, physics, mechanics, life sciences and socio-economic fields.

All the founding schools contribute to mathematical research at Institut Polytechnique de Paris. EDMH PhD students represent a key asset in developing this research, whether at the heart of this discipline or at one of the interfaces with other disciplines in Institut Polytechnique de Paris. They thus develop their knowledge through studies that are widely recognized internationally.



INSTITUTIONAL ORGANIZATION AND OPERATIONS

AN INSTITUTE COMPRISING FIVE SCHOOLS

Institut Polytechnique de Paris was founded in May 2019 by École Polytechnique, ENSTA Paris, ENSAE Paris, Télécom Paris and Télécom SudParis.



Each member school of the Institute has its own long-standing history and offers its expertise to all IP Paris students. Over the course of your studies, you will have the opportunity to benefit from the academic excellence of each school, as well as from our vibrant campus life and all it has to offer.

This welcome booklet contains all the important contact information for your studies.

INSTITUTIONAL ORGANIZATION

Governance of Institut Polytechnique de Paris encompasses a Board of Directors, an Executive Committee, an Academic Council and an International Scientific Advisory Board (ISAB). Students are encouraged to actively contribute to institutional life at IP Paris by taking part in the Board of Directors and Academic Council elections.

Board of Directors (CA)

The Board of Directors sets the strategic guidelines of Institut Polytechnique de Paris and specifies its operating rules. It also makes decisions to implement these guidelines and rules, such as approving projects, internal regulations and the institution's budget. It reviews management and performance.

Its president is Eric Labaye, President of IP Paris and President of École Polytechnique.

It is made up of:

- State and local representatives
- qualified individuals
- staff and user representatives

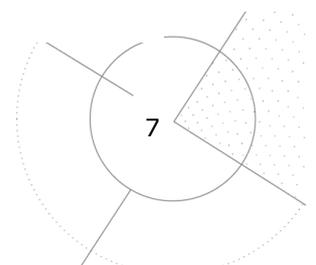
Elections for user representatives are held every year so that PhD students can vote for their representative on the Board of Directors. Don't hesitate to take part!

Executive Committee (COMEX)

The Executive Committee takes the strategic decisions and ensures the implementation of the general orientations defined by the Board of Directors within Institut Polytechnique de Paris.

It comprises the presidents and directors of the five member Schools as well as IP Paris staff:

- Eric Labaye, President of IP Paris and President of École Polytechnique
- François Bouchet, Vice President of Student Life and General Director of École Polytechnique
- Elisabeth Crépon, Vice President of International Relations and Director of ENSTA Paris
- François Dellacherie, Vice President of Information Systems and Director of Télécom SudParis
- Catherine Gaudy, President of the Student Life Committee and General Director of GENES
- Didier Janci, Vice President of Planning and Resources for IP Paris
- Yves Laszlo, Vice President of Education and Research and Director of Education and Research for École Polytechnique
- Pierre Biscourp, Director of ENSAE Paris
- Isabelle Badrinath, IP Paris Project Manager



Academic Council

The Academic Council plays an advisory role to the Board of Directors for topics related to education and research. It is consulted prior to the Board of Directors' deliberations on Institut Polytechnique de Paris educational programs and its policy for research and the use of research results. It also makes proposals on all subjects related to IP Paris' academic activities.

It is chaired by Chantal Schütz and comprises:

- school representatives
- members appointed by the Executive Committee
- staff and user representatives

Elections for user representatives are held every year so that PhD students can vote for their representative on the Board of Directors. Don't hesitate to take part!

International Scientific Advisory Board (ISAB)

The International Scientific Board (ISAB) is an advisory body to the Executive Committee. It is in charge of supporting IP Paris in reflecting on the general guidelines for its scientific policy. Its members are eminent international scientists whose research covers all the disciplinary fields offered at IP Paris.

[More information about IP Paris governance is available on our website.](#)

IP PARIS COMMITTEES

IP Paris Committees are responsible for the operational implementation of measures decided on by the governing bodies. These committees report to the Executive Committee and include various stakeholders at member schools.

- Education and Research Committee
- Student Life Committee*
- Campus Life Committee*
- International Committee
- Innovation and Entrepreneurship Committee
- Corporate Partnerships Committee
- Communication Committee
- Information Systems Committee

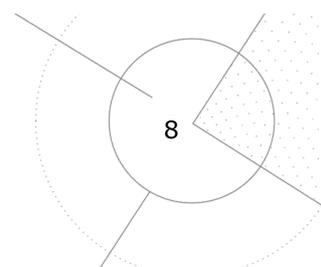
* These committees, mainly the Campus Life and Student Life Committees, regularly call on students for their opinion on various topics (for example, local services to offer on campus or student associations etc.)

THE IP PARIS TEAM

The members of the IP Paris team are in charge of monitoring and meeting targets, overseeing the IP Paris building schedule, the coordination of the necessary resources and the work carried out by the Committees, in connection with the governing bodies of the member schools.

The IP Paris team is divided into several entities:

- The Graduate school.
The Graduate School brings together the Master's, Doctoral and PhD track programs. It supports students throughout their studies, from admission to graduation. It also strives to provide students with the support they need to succeed and thrive academically, professionally and personally.
- Project Management
- Planning and Resources Management
- Accounting agency
- Communication Department
- The Grants Office





ACCESS AND MOBILITY ON CAMPUS

PALaiseAU CAMPUS ACCESS

The campus of Institut Polytechnique de Paris is located at the edge of the city, near Massy-Palaiseau train station.

Location of the various schools on Campus

École Polytechnique

École Polytechnique has various points of access. The École Polytechnique reception office is located in the lobby of building 69, and is accessible from the Ferrié courtyard.

ENSTA Paris

ENSTA is located at 828 Boulevard des Maréchaux, 91120 Palaiseau.

ENSAE Paris

ENSAE Paris is accessible via Boulevard des Maréchaux, at 5 Avenue Henry Le Chatelier, 91120 Palaiseau.

Télécom Paris et Télécom SudParis

Télécom Paris and Télécom SudParis are now also located on the campus of Institut Polytechnique de Paris at 19 place Marguerite Perey, 91120 Palaiseau.

At the Unicampus access terminals located at the reception or in the school cafeteria, you can update your access badges for access to the school for which you have programmed your badge. You must update your badges on the terminals of any other schools as well in order to gain access to them. Badge updates will become effective within one hour.

Arriving by public transport

You can plan and calculate your route with [RATP](#) or [Vianavigo](#).

Two train stations are located near campus

- **Massy-Palaiseau** (RER B and RER C)

At the train station, take TransEssonne Bus 91.06 or 91.10.

For École Polytechnique and ENSAE Paris: get off at the Lozère stop.

For ENSTA Paris: get off at the ENSTA Les Joncherettes stop.

[Transessonne bus timetables and map showing stops on campus made by bus no. 91.06.](#)

- **Lozère** (RER B) – *for a little exercise!*

Leave the station by exit/sortie 1, reading “Place de la gare, École Polytechnique”; then take the pedestrian access and climb the stairs to the top of the plateau (300 steps, or about a 15-20 minute walk).

A night bus also provides service to the campus from central Paris

The noctilien (night bus) n63 allows you to take advantage of the Parisian night life and be able to return to campus. This bus makes trips from Paris to the campus from midnight to 6 am on weekends.

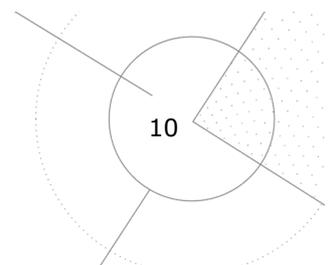
For École Polytechnique and ENSAE Paris: get off at the Lozère stop.

For ENSTA Paris: get off at the ENSTA Les Joncherettes stop.

For further details:

<https://www.ratp.fr/plans-lignes/noctilien/n63> and

<https://www.transilien.com/fr/page-lignes/noctilien/n63>



Coming to campus by public transport from the Roissy Charles de Gaulle and Orly airports

- Roissy Charles de Gaulle Airport
Direct access via the RER B train

- Orly Airport
1st option (40 min): take the Orlyval shuttle towards Antony, get off at Antony station, and take the RER B train toward Saint-Rémy-lès-Chevreuse; then get off at Lozère station and follow the path marked "École Polytechnique".
2nd option (1 hour): take TransEssonne bus no. 91.10 towards Saint Quentin bus station; get off at the ENSTA Les Joncherettes stop for ENSTA Paris, or at Lozère for École Polytechnique or ENSAE Paris.

Arriving by car

Institut Polytechnique de Paris is accessible by car. Parking areas at each school are open to visitors.

- Parking area for visitors at École Polytechnique: 48.713971, 2.214638
- Ceremonial Courtyard at École Polytechnique: 48.714841, 2.210528
- ENSTA Paris visitors' parking area: opposite 828 Boulevard des Maréchaux, 91120 Palaiseau
- ENSAE Paris visitors' parking area: 5 Avenue Henry Le Chatelier, 91120 Palaiseau
- Télécom Paris parking area: 31 Boulevard Thomas Gobert, 91120 Palaiseau

MOBILITY ON THE PALAISEAU AND ÉVRY CAMPUS

Vélos électriques

Ecovélo introduces a self-service electrically assisted bicycle system throughout the Palaiseau campus starting in September 2021.

The rates will be as follows:

- Without subscription
 - 0,05€/minute for the first hour
 - Then 0,30€/additional hour
 - Electric option +0,10€ per trip and per day
- With subscription (12 months commitment)
 - 4€/month
 - First 5 minutes free
 - Then 0,05€/minute and 0,30€/additional hour
 - Unlimited electric option

Incentives for carpooling via KAROS

Drivers who own the vehicle used are paid (~ €2/trip); trips are free for passengers with a Navigo pass.

ÉVRY CAMPUS ACCESS

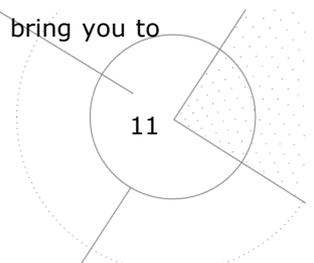
The Télécom SudParis campus is located in Évry at 9 rue Charles Fourier. [Download map.](#)

Coming to campus by public transport from Paris

Take the RER D train toward Malesherbes Corbeil-Essonnes, via Évry-Courcouronnes Centre. Get off at the "Évry-Courcouronnes Centre" station.

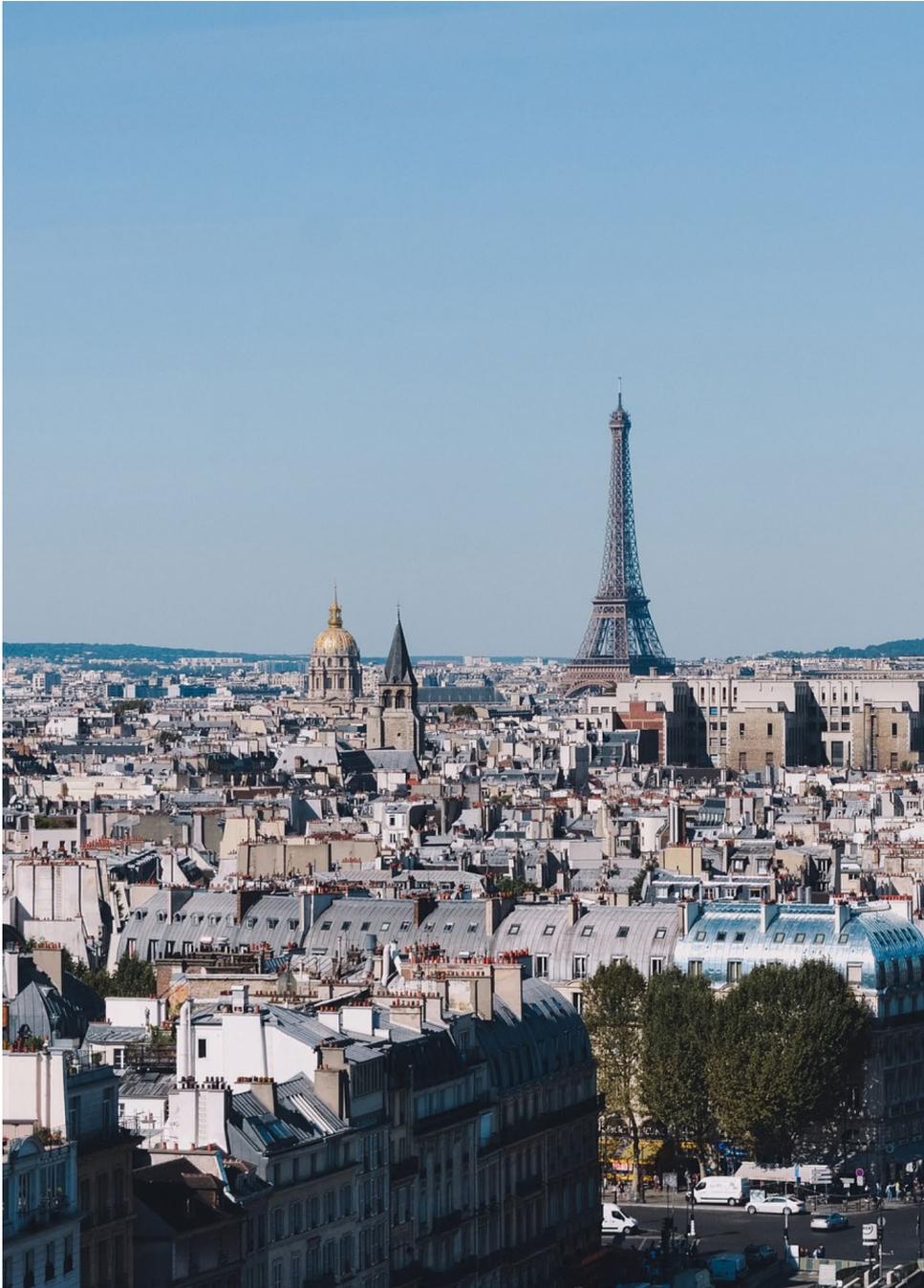
Walk along Cours Blaise Pascal to boulevard des Coquibus.

Turn left onto boulevard des Coquibus, and follow it to rue Charles Fourier, which will bring you to the campus.



Arriving by car

The Évry campus is located on rue Charles Fourier. A parking area is available for visitors.



PRIOR TO YOUR ARRIVAL

FINDING ACCOMODATION

Students may apply to private residences located near campus.

Private residences

There are several housing options. You can choose between a student residence or a private apartment that you may occupy alone, or share with friends, other students, or with local residents. The housing market in the Paris area is always tight. Whatever type of housing you choose, start your search early and do not hesitate to reserve a place, even if it is temporary.

In order to find accommodation, you can consult a number of housing websites, such as:

- www.seloger.com
- www.leboncoin.fr
- www.pap.fr
- www.loueragile.fr
- www.bienici.com

Be careful:

- Almost all property owners require you to name a guarantor (who in all likelihood must be a French tax resident).
- These sites are open to everyone and deals are made directly between private owners and tenants; the offers that appear on them are not screened and there may therefore be a certain number of scams involved. Be careful: an offer that's too good to be true is suspicious. And, of course, you should NEVER pay any fees BEFORE visiting the accommodation and signing a tenancy contract!

Science Accueil is a solution adapted for you.

Science Accueil is an association that has specialized for more than 22 years in supporting national and international scientists and their families to relocate to the Ile-de-France area.

Science Accueil supports research stakeholders in attracting foreign talent, including universities, Grandes Écoles, research centers, R&D centers and start-ups.

The association assists:

- Members of higher education and research academic establishments, as well as establishments from the entrepreneurial world (R&D centers, start-ups, etc.);
- Researchers, research professors and PhD students, as well as students, interns and scholarship students;
- Employees relocating to France;
- Their families.

For further details, go to <https://www.science-accueil.org>

Finally, you can contact the following associations:

- Héberjeunes : <https://www.heberjeunes.fr/>
- U.N.M.E. (Union Nationale des Maisons d'Etudiants) : <http://www.unme-asso.com/>

You can also consult the website of Cité Universitaire de Paris where you can meet students from your country: <https://www.ciup.fr/>

Finding accomodation near the Palaiseau Campus

Go to the following websites to find accommodation in Palaiseau, Orsay or Gif-sur-Yvette:

- <http://www.sergic.com/>
- <http://www.arpej.fr/>
- <http://www.campusea.fr/fr>
- <https://www.nexity-studea.com/en/student-housing/palaiseau>
- <https://www.fac-habitat.com/en/student-residences/id-24-lavoisier>
- <https://www.cesal-residentiel.fr/en/logements/residence5>
- <https://www.cesal.fr/en/logements>

Finding accomodation near the Évry Campus

Go to the following websites to find accommodation in Évry, Corbeil-Essonnes or Courcouronnes:

- <https://www.immojeune.com/en/housing-telecom-sudparis.html>
- <https://www.adele.org/en/school/essonne-91/telecom-sudparis-4222/student-housing>
- <https://en.location-etudiant.fr/ecoles-universites/Telecom-SudParis-Evry-15084.html>
- <https://www.residenceetudiante.fr/en/school/telecom-sudparis.html>

Household Allowance

The “CAF” (Caisse d’Allocations Familiales)

Anyone in France who resides in accommodation under a standard leasing contract may receive personal financial aid for housing known as “APL” (aide personnalisée au logement), which is calculated on a means-tested basis.

To find out if you are eligible, go to: <https://www.caf.fr/>.

Attention:

Please note that you will be able to apply for CAF allowance only 3 months after your arrival in France (at the soonest). In addition, once you have applied, it can take several weeks/months to receive the first payment.

VISALE - Aid for obtaining a deposit

VISALE – Action Logement is an online system that replaces the guarantor or the personal surety. This system is a “guarantor” for the future tenant.

Action Logement aims at supporting young people and developing support opportunities such as Mobili-Jeune or Loca-pass. Learn more on the [VISALE website](#).

COST OF LIVING

Preparing for a period of study abroad means preparing your budget!

To help you, take a look at the table of different expenses you are likely to incur on campus. These amounts are given as a guide only and based on average prices. You are advised to set your total budget higher than what is indicated here in order to account for other necessary expenses (food, clothes etc.), going out in Paris and visiting the region.

One-off fees to be paid upon your arrival on Campus

Health	Social security (French public health insurance - mandatory) https://etudiant-etranger.ameli.fr/#/	Free
	Complementary health insurance (optional) https://heyme.care/fr/ https://www.lmde.fr/	Between €10 and €40/month
	Civil liability insurance (mandatory)	From €17 if you don't have complementary health insurance (if you do have this insurance, it is included)
Visa procedure	Validation of your long-stay student visa valid as a French residence permit (VLS/TS = Visa étudiant Long Séjour valant Titre de Séjour for non-EU students) https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/	€60
CVEC (Contribution to student and campus life)	https://cvec.etudiant.gouv.fr/	€92 (to be paid when registering online)

Recurrent fees

Accommodation	Monthly rent (+ security deposit that is usually required by the landlord)	Minimum €500/month (the security deposit is generally equal to a month's rent)
	House insurance	Min €10/month (it includes the civil liability insurance)
Food	Food expenses	Depends on your lifestyle (on average, about €300/month)
	Meal on campus	About €5
Public Transportation	Imagine'R annual student travel pass for the entire Ile-de-France network (if you are under 26 years old)	€350/year or €38/month
	Annual travel pass for the entire Île-de-France network (if you are above 26)	€75/month

	years old)	
	Book of 10 train tickets for Paris	€35.60
Mobile phone	Mobile phone package	From €2 per month
Bank account	Administration fees	Depends on bank and banking services

SPECIFIC FORMALITIES FOR FOREIGN PhD STUDENTS

Visa procedure

Long stay student visa

- If you are a national of one of the 27 European Union countries, Iceland, Liechtenstein, Norway or Switzerland, you don't need any visa to come study in France.
- If you are not a national of one of the 27 European Union countries, Iceland, Liechtenstein, Norway or Switzerland, you must apply for a long stay student visa valid as a French residence permit (VLS-TS = Visa étudiant Long Séjour valant Titre de Séjour)

This visa allows you to remain in France for one year without needing to request a residence permit. Your visa will need to be approved by the OFII (the French Immigration and Integration Office) within the first 3 months of your arrival in France on <https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

Visa application

Find your Campus France space on: <https://www.campusfrance.org/en/espaces>

- Case 1: If your country of residence is one of the [46 countries affected by the "Study in France" procedure](#), you must register on the "Study in France" platform and then upload the requested documents. Campus France will then check your application before submitting it to the French consulate.
- Case 2: If your country of residence is not one of these countries, you will apply for your visa directly with the French embassy or consulate in your country of residence. Find all information about visa applications on <https://france-visas.gouv.fr/web/france-visas/accueil> and contact information for your embassy/consulate on <https://www.diplomatie.gouv.fr/fr/le-ministere-et-son-reseau/annuaire-et-adresses-du-ministere-de-l-europe-et-des-affaires-etrangeres-meeae/ambassades-et-consulats-francais-a-l-etranger/>

"Talent - Researcher Passport" long-stay visa (VLS)

The "Talent - Researcher Passport" long-stay visa (VLS) allows holders of master-level degrees to stay in France to undertake research or provide university-level teaching as part of a hosting agreement.

A hosting agreement is an administrative document that specifies the nature and duration of the researcher or PhD student's work. The resources, accommodation conditions and medical cover provided to the beneficiary are also specified.

The hosting agreement must be sent from the hosting establishment to the beneficiary. The researcher or PhD student must then have it stamped by the consulate authorities in their country of residence when making their visa application. This procedure applies if the researcher or PhD student is employed to carry out research or give classes, no matter the nature of their work contract: PhD contract, industrial training and research agreement (CIFRE) or other.

The "Talent - Researcher Passport" VLS is specifically for PhD students, researchers and research professors.

The partner and children under 18 of a "Talent - Researcher Passport" VLS holder can use the simplified application process as "accompanying family", to relocate to France without going through the family reunification process.

Citizens of European Union and European Economic Community countries, Switzerland and Romania do not need to obtain a hosting agreement. The same is true for Algerian PhD students, who fall under the France-Algeria agreements of December 27, 1968.

For a stay of less than 12 months, you can apply for a long-stay visa known as "Talent - Researcher Passport" VLS-TS. It is valid for one year. In the three months following your arrival in France, you must validate your visa online.

<https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

For a stay of 12 months or more, you can initially apply for a simple "Talent - Researcher Passport" visa. It is valid for three months and is not considered a long-stay visa. In the two months following your arrival in France, you must visit the prefecture to apply for your multi-year "Talent - Researcher Passport" long-stay visa. It is valid for the duration listed on your hosting agreement, maximum four years.

Contacts

To apply for a residence permit, do not hesitate to contact:

École polytechnique	Nathalie Legeay nathalie.legeay@polytechnique.edu
ENSTA Paris	Nathalie Legeay nathalie.legeay@polytechnique.edu
ENSAE Paris	Nathalie Legeay nathalie.legeay@polytechnique.edu
Télécom Paris	<i>for PhD contracts</i> rh@telecom-paris.fr <i>for all other cases</i> Florence Besnard florence.besnard@telecom-paris.fr
Télécom SudParis	<i>for PhD contracts</i> administration-rh@imtbs-tsp.eu <i>for all other cases</i> ecoledoctorale@telecom-sudparis.eu

Applying for naturalization

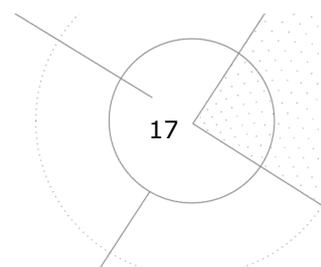
If you wish to apply for naturalization, you must undertake this process yourself. You may ask your thesis supervisor for a letter of recommendation / support.

For further details, go to <https://www.service-public.fr/particuliers/vosdroits/F2213>

Health insurance

Please note that registration with the French Public Health Insurance (social security) is compulsory in France when you enroll in a Higher Education Institution.

Except for:



- Students coming from any of the 27 EU countries, Iceland, Liechtenstein, Norway or Switzerland who are already affiliated with a national health insurance provider and have the European health insurance card. This card is free and will give you access to state-provided healthcare during your stay in France under the same conditions and at the same cost as nationals.
- Les étudiants du Québec sont dispensés de l'affiliation à la sécurité sociale sur présentation du formulaire #SE401Q106.

All the necessary steps to register with social security will be taken upon your arrival in France on <https://etudiant-etranger.ameli.fr/#/>

Foreign PhD students non-registered for healthcare in France

When you arrive at the doctoral school, the "Human Resources" Department of the school where your laboratory is located will complete the pre-hiring statement (DPAE), which will start the process for you to be entitled to health insurance.

This process is done for you in the online portal, <https://immatriculation-travailleurs-etrangers.ameli.fr/fr/login>

At the same time, the PhD student must complete the [CERFA 15763*01 form](#) to provide their personal details to the French health insurance body.

You will be asked to provide certain documents:

- bank account details
- a French address
- your passport and long-stay visa if non-EU
- a copy of your birth certificate with your parents' details in the original language and translated by a translator from one of the lists from French jurisdictions (Court of Appeals, Court of Cassation, "Tribunal de Grande Instance") or your embassy or consulate in France.

In general, it takes approximately three to six months for employees to receive their temporary number.

PhD students with a CSC scholarship

CSC scholarships do not include social security coverage. To be entitled to health insurance, you must complete the [CERFA 15763*01 form](#).

Only the PhD student can complete this application.

Our partner **Science Accueil** can also help you with the various processes: accommodation, administrative processes, etc.

Their website is available in French and English: <https://www.science-accueil.org/>

Subscription to a mutual insurance company is strongly recommended

For better coverage of medical costs, you may supplement the basic French social security health insurance with complementary health insurance known as a *mutuelle* in France. Subscription to complementary health insurance is not compulsory but is highly recommended.

Examples complementary health insurance companies:

<https://heyme.care/fr>

At Télécom Paris and Télécom SudParis, you can take out Harmonie Fonction Publique complementary health insurance (which also includes life insurance).

You must be registered with French Social Security (or at least have a temporary number).

<https://mintel.imt.fr/voir.php?id=2978>

Subscription to liability insurance is compulsory

Civil liability insurance is insurance that covers provisions of civil law. Civil liability insurance policies cover damages you may cause to others or their property. It is mandatory for students enrolled in French higher education institutions to take out civil liability insurance for their studies (including internships). It may be included in various insurance packages (bank insurance, house insurance, auto insurance, complementary health insurance).

BANKS AND YOU

Institut Polytechnique de Paris is committed to supporting you as soon as you arrive on campus. We have made contacts with French banks who propose student banking and offer some services at negotiated rates.

BNP Paribas

BNP Paribas proposes a welcome offer for IP Paris students providing essential Esprit Libre services for free for the duration of your studies at IP Paris.

This special group offer allows you to benefit from banking services to manage your checking account, an international bank card affiliated with the Visa network and insurance against the loss or theft of your means of payment.

You also have access to the secure online services App "Mes comptes" and the "Mabanque" website where you can conduct all kinds of transactions.

All new BNP Paribas customers will receive a welcome bonus of €80 within three months of opening their account.

Financing solutions at prime rates are also available for IP Paris students:

- A "student" loan at 0.08% excluding insurance for a maximum of €75,000 and a duration of 9 years (approval subject to the bank's review of your application)
- a 0% offer with no fees to finance your purchase of supplies, such as a laptop, or your driving license.

To help you with accommodation, under certain conditions you may be able to obtain House Insurance or a Bank Guarantee.

If you need to travel abroad as part of your studies, BNP Paribas offers two services:

- Crystal Studies: health insurance for students who travel abroad
- Global Alliance and BNP Paribas Global Network: fee-free withdrawals at partner bank ATMs

Your BNP Paribas contact

Marlène KAHN

01 64 86 50 22

marlene.kahn@bnpparibas.com

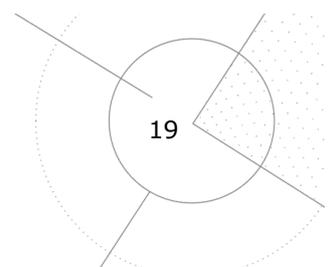
Your BNP Paribas branch

Tech Point BNP Paribas Paris Saclay

19 avenue de la Vauve

91120 Palaiseau

BNP Paribas is also present on campus on Wednesday afternoons (office located next to Bôbar across from Petit Boncourt).



Crédit agricole

Crédit Agricole proposes its Globe Trotter by CA service for €2/month¹ for students aged 18 to 30 which includes¹:

- a bank account
 - managed remotely or at the branch location with your advisor
 - free of management fees
 - with free and unlimited incoming and outgoing international transfers¹
 - with overdraft protection¹
- an international bank card
 - available without conditions for income or savings
 - fee-free payments and withdrawals abroad¹
 - travel insurance and assistance are included²
- a world to discover
 - as a student, benefit from a loan to finance your projects
 - health insurance coverage for study abroad³

To finance your tuition and housing expenses, the Student and Apprentice loan⁴ is tailored to your needs:

- a fixed APR of 0.75%
- from €750 to €75,000
- 12 to 120 months

Our rental tip: obtain a guarantor in less than 24 hours with Cautioneo. Through our partnership with Cautioneo, you can benefit from 2 free months using a promotional code.

Your Crédit Agricole contacts

Anthony SANTERRE

Anthony.santerre@ca-paris.fr

01.69.31.53.09

Swann HO KONG KING

Swann.ho-kong-king@ca-paris.fr

01.69.31.53.00

Franck DAMIEN BOURY

Franck.damien-boury@ca-paris.fr

01.69.31.52.82

Sabrina CHAMPEL

Sabrina.champel@ca-paris.fr

06.74.69.54.10

Your Crédit Agricole branch

CREDIT AGRICOLE IDF

133 avenue du général Leclerc

91121 PALAISEAU

Crédit Agricole is also present on campus upon request at the office located next to Bôbar across from Petit Boncourt.

LCL

LCL proposes a welcome offer for IP Paris students with a free LCL Visa Premier bank card for 4 years.⁵

¹ Offer available for individuals aged 18 to 30. Offer subject to terms and conditions: terms, conditions and rates available at: <https://ca-eko-globetrotter.fr/ouvrir-uncompte-globetrotter>. Applicable rate on 1 June 2020, subject to change. The products and services that make up the Globe Trotter offer may be signed up for separately: contact your regional office to find out more about the terms and conditions and applicable rates. The products and services that are not included in the Globe Trotter offer are charged at the current rates included in the main terms and conditions of the regional office at which the service is purchased. The final opening of your Globe Trotter account and the delivery of your means of payment is subject to the approval of your application by the regional Office. This offer allows you to benefit from free payments and withdrawals abroad; however fees may be charged directly by local banks in certain countries when withdrawing cash from an ATM. Transfers are made within the limit of the available balance. For overdraft protection: subject to review and approval by the Regional Office.

² Within the limits and conditions set out in the assistance and insurance contracts. Group insurance and assistance contracts underwritten by Crédit Agricole Assurance Paiement, an insurance broker registered with ORIAS under the number 10 058 272 (www.orias.fr), with 1/ for assistance: Mutuaide Assistance (sise 8/14, avenue des Frères Lumière 94366 Bry sur Marne Cedex). 2/ for insurance: CAMCA (sise 65, rue de la Boétie 75008 Paris), and which the issuer has accepted on behalf of the cardholder. These companies are subject to review by the ACP (sise 61 rue Taitbout 75436 Paris Cedex 09).

³ Prices and conditions in force on 01/02/2021, subject to change. Events covered, limits, ceiling for coverage and terms and conditions for the implementation of the "Crystal Studies" insurance appear in the contract. Subject to eligibility and approval of the application. If the insured individual is a minor, the contract is underwritten by his/her legal representative. You have a right of withdrawal in the case of remote sales. Crystal Studies is a contract offered by APRIL International Expat – a simplified joint stock company registered with the Paris Register of Trade and Companies (under the number 309 707 727) and with ORIAS (under the number 07 008 000) and which is headquartered at 110 avenue de la République – 75011 PARIS France. This contract is designed, managed and distributed by APRIL International Expat and insured by Groupama Gan Vie (medical expenses and individual accident coverage), CHUBB (repatriation assistance, civil liability insurance for private life, internships and tenants, baggage and delayed departure insurance) and Solucia Protection Juridique (legal assistance coverage).

⁴ Offer reserved for students or apprentices aged 16 to 30 and enrolled in a higher education institution recognized by the French Ministry of Education (Education Nationale). Applying for a loan implies the approval of your application by the bank, lender, and depends on your personal situation and repayment ability. Consumer loans for an amount less than or equal to €75,000 result in the issuing of a credit agreement proposal. You benefit from a legal withdrawal period from the date on which the credit agreement is signed. Terms and conditions in force on 01/02/2021.

⁵ Delivery of an international immediate debit card or an international deferred debit card. Offer reserved for students aged 18 and over who are holders of LCL Student accounts, valid from 25 November 2020, subject to review and approval of application by LCL. After the 4th year, the LCL Visa Premier card costs €5/month. Rate in force on 01/04/2020 subject to change. You benefit from a legal withdrawal period in the case of remote prospecting and/or sales. See conditions in branch locations.

In the event of unforeseen circumstances, delayed income etc., the Trésorie Solution provides you with overdraft protection for up to €700 for your deposit account.⁶

You also have access to AMP insurance for €1⁷ more per year which allows you to protect your means of payment and your personal belongings. This insurance protects you against fraudulent use of your bank card or checkbook, cash theft in the event of mugging, loss or theft of your keys or identification.

The LCL Mes Comptes application allows you to manage all your banking needs in just 1 click:

- consult an overview of your accounts
- make transfers
- manage your bank card
- contact your advisor

You benefit from a €150 bonus when opening an account.⁸

Your LCL contacts

Jessie Poulter

jessie.poulter@lcl.com

01 60 92 17 75

Sana Boujday

sana.boujday@lcl.com

01 60 92 17 78

Your LCL branch

2 rue Charles de Gaulle

91400 ORSAY

LCL is also present on campus on Friday afternoons (office located next to Bôbar across from Petit Boncourt).

⁶ The Trésorie Solution for Overdraft Protection Insurance is provided by Pacifica, a company regulated by French Insurance Code and distributed by Crédit Lyonnais. According to the terms and conditions set out in the fact sheet and subject to the coverage exclusions for the insurance involved. Subject to approval by Pacifica. APR for insurance is calculated on the basis of insurance paid in arrears.

⁷ Offer reserved for students aged 18 and over who are holders of LCL Student accounts, and do not hold Sécurilion or LCL Means of Payment Insurance. Subscription to an insurance policy for loss or theft of means of payment: C1 the first year for all first-time subscriptions to the Means of Payment Insurance for Students, then C2.20 from the 2nd year onwards, applicable rate on 01/04/2020, subject to change. Contract provided by PACIFICA, a company governed by the French Insurance Code and distributed by Crédit Lyonnais. The events covered and terms and conditions are set out in the contract. This offer cannot be combined with other offers or promotions proposed by LCL relating to Means of Payment Insurance. You benefit from a legal withdrawal period in the case of remote prospecting and/or sales.

⁸ Offer valid for new customers opening a deposit account with LCL, according to the terms and conditions of the introducer agreement concluded between LCL and the introducer IP Paris. The payment will be made to the deposit account.

Société Générale

Société Générale is at your side to support you throughout your studies by:

- opening your bank account: you will receive €80 when you open your Société Générale account (subject to account activity - you must make a minimum of 5 transactions per month in the first 3 months after opening the account)
- providing you with your means of payment
- financing your studies and projects
- helping you prepare to go abroad
- introducing you to our mobile app

You will be provided with a Visa Premier card (subject to approval by the Bank) with account management fees waived.

Sobrio insurance is also available, which covers you in the event of a problem (ex.: fraudulent use of your means of payment).⁹

House insurance for students is also available.

It costs 1€ the first year¹⁰ and offers essential coverage (events covered, terms and conditions, coverage limits and exclusions appear in the contract.) including civil liability insurance, theft and broken glass.

This insurance guarantees assistance 24 hours a day, 7 days a week, for everyday problems and in the event of an accident or incident and has a damage deductible at a reduced cost.

Société Générale also proposes flexible student loans¹¹ from €1,000 to €120,000.

The international student level option¹² provides you with peace of mind as you get ready to travel or study abroad.

You may benefit from this option for free for one consecutive year.¹³

Société Générale waives fees for:

- your payments by bank card outside the Euro area¹⁴
- your withdrawals at ATMs outside the Euro area¹⁵

The Grandes Écoles team at the branch located on the Plateau de Saclay in Gif sur Yvette is happy to answer your questions and help you with your banking needs.

Your Société Générale contact

Sabrina TOUM

01 69 18 92 15

sabrina.toum@socgen.com

Your Société Générale branch

4 Ter rue de Paris

91400 Orsay

01 69 18 92 00

Société Générale is also present on campus on Thursday afternoons (office located next to Bôbar across from Petit Boncourt).

⁹ Mon Assurance au Quotidien is an optional group damage insurance contract underwritten by Société Générale with Sogessur. Company regulated by the French Insurance Code. This contract is offered by Société Générale, which is headquartered at 29, boulevard Haussmann 75009 Paris, in its capacity as an insurance intermediary, ORIAS registration no. 07 022 493 (www.orias.fr). This offer is available in metropolitan France and is subject to eligibility conditions. Events covered, terms and conditions, coverage limits and exclusions appear in the contract.

¹⁰ For all new Student House Insurance policies taken out until 30/06/2022 included. Offer cannot be combined with other offers and is available a single time the first year. Reimbursement to the account from which deductions are made, as declared while taking out insurance. Terms and conditions in force on 01/03/2020.

¹¹ Subject to approval of the application by the lender Sogefinancement SAS - 394 352 272 RCS Nanterre. Legal withdrawal period: 14 days from the approval of your loan. Reserved for students aged 18 and over. A guarantee from a third party individual is mandatory.

¹² Non-binding fee-based service reserved for subscribers of Sobrio or Jazz aged 16 and over. Sobrio is a bundled package of banking and non-banking services available for individuals aged 15 and over. Current Sobrio pricing conditions based on age and type of card applied for are indicated in the "Conditions tarifaires appliquées aux opérations de bancaires - Particuliers" brochure (Pricing conditions applied to banking operations - Personal) available in branch locations or at: particuliers.societegenerale.fr

¹³ Option reimbursed every quarter the first year you sign up, then for a fee of €2/month for the student level.

¹⁴ Société Générale fees are waived for a certain number of payments by bank card and withdrawals at ATMs outside the Euro area and depending on the level selected. Excluding foreign change commissions in the event of currency exchange and possible commissions charged by the corresponding Bank. See a list of the Euro area countries in the pricing brochure and terms and conditions at: particuliers.societegenerale.fr or contact your Société Générale branch.

¹⁵ Société Générale fees are waived for a certain number of payments by bank card and withdrawals at ATMs outside the Euro area and depending on the level selected. Excluding foreign change commissions in the event of currency exchange and possible commissions charged by the corresponding Bank. See a list of the Euro area countries in the pricing brochure and terms and conditions at: particuliers.societegenerale.fr or contact your Société Générale branch.



PRACTICAL INFORMATION

FOOD SERVICE ON CAMPUS

Palaiseau Campus

Several dining options are available around the campus, whether you have a big appetite or just want a snack.

CROUS University Restaurant

Lunch and dinner service is available (11:30 am - 2 pm and 6:30 pm - 8 pm) from Monday to Friday at the University Restaurant (RU), which provides high quality healthy food at low prices (€3.30 on average) in a variety of meal deals, prepared on site using fresh ingredients. The RU includes a self-service section, a cafeteria section, and a take-out area.

Payment is made using student cards, which can be recharged using Izly by bank transfer or credit card from your smartphone or at www.izly.fr

Once you enroll at IP Paris, you will receive an email from Izly asking you for all the necessary information to create your Izly account (you must create an account to pay for your meals using Izly).

The École Polytechnique restaurant "Le Magnan"

The École Polytechnique restaurant, "Le Magnan Self" offers a complete and balanced traditional menu at student prices, with a meal tray setup. It is open from Monday to mid-day Saturday, and offers breakfast, lunch and dinner. Meals are paid for using your student badge.

To create your Magnan account, fund or refill your badge, visit the main cash register from Monday to Friday, 11:30 am to 2:00 pm; payment is accepted by check and cash and terminals are available to fund your badge using a credit card.

The École Polytechnique cafeteria

Located in the Grand Hall of École Polytechnique, this cafeteria offers a place where you can enjoy quick "on the go" meals including a variety of sandwiches, paninis and salads, or simply a place to come have a coffee and a pastry.

The "Délisaveurs" cafeteria at ENSTA Paris

At the "Délisaveurs" cafeteria on the ground floor of ENSTA Paris, you can enjoy a breakfast before your first class, or have an express-service lunch, with a variety of sandwiches, salads, pies, quiches, paninis, hot main courses, and desserts available. The cafeteria is open from 8 am to 6 pm. Payment can be made with cash, credit card, student badge, or using an ISIC student card.

ENSAE Paris Weekly Cafeteria

On the ground floor of the building, this cafeteria offers quick meals at lunchtime and snacks during breaks. It also hosts jam sessions organized by the Arts office.

The Télécom Paris Wan restaurant

The Télécom Paris Wan restaurant is open for lunch (11:30 am - 1:45 pm). Located on the ground floor of the brand new building, it offers a view over the main courtyard.

The Télécom Paris Weekly cafeteria

The cafeteria is located on the ground floor of the building, and offers a quick meal from 8 am to 4 pm non-stop. It offers on-site dining or you may enjoy your meal outside.

Vending machines at the Schools

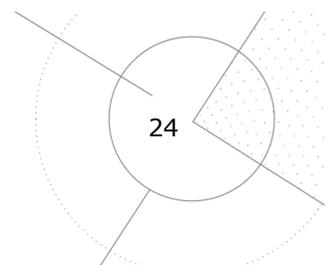
Vending machines with snacks and hot and cold drinks are also available on the school campus. Users can pay with cash or their ISIC student cards, distributed at the start of the year.

"Pizza Roma" truck

The "Pizza Roma" truck is on site three evenings a week (from 6 pm) at École Polytechnique.

You may pre-order your favorite pizza by creating your customer account.

For more information go to <https://www.aucamionmagique.com/>



Panifique bakery

Just off campus, opposite Télécom Paris, the Panifique bakery offers classic bakery services such as bread and pastries. For lunch, it offers meal deals including sandwiches, salads, quiches, pizzas and drinks. A space is provided to eat on site.

Living Room - Brasserie

The Living Room is a brasserie offering gourmet cuisine for lunch and dinner. It is open every day from 12 pm to 2 pm and from 7 pm to 10 pm. It is located at 10 Boulevard Gaspard Monge, 91120 Palaiseau.

Food Asia - Asian deli

Food Asia is an Asian deli that offers a wide variety of meals to take away or eat on site. It is open 7 days a week from 11:30 am to 10 pm. It is located at 2 Boulevard Gaspard Monge, 91120 Palaiseau.

Évry Campus

RITS restaurant at Telecom SudParis

RITS is open for lunch and dinner, Monday midday to Friday midday. Several menus are available, Trattoria, Bistro, Steakhouse and Express. There is also a large choice of starters, desserts, drinks, a salad bar and a dessert bar. The chef offers an international dish each Tuesday (paella, couscous, burgers, etc.) and a themed dessert buffet each Friday (tarts, French pastries, American baking, etc.).

You can load money on your badge at the entrance machine, using your bank card, and at the checkout, using cash, check or bank card.

Nova cafeteria

Breakfast is available at the cafeteria, with a full range on offer (hot drinks, pastries or bread and fruit juice). And when you need a little snack, the Délimarché has a wide range of sweet and savory products on offer, including sandwiches made on-site, hot sandwiches, etc.

Full information on the services available at Évry campus can be found [here](#).

LOCAL SERVICES

Some good addresses for local and responsible shopping: <http://www.saclay.carte-ouverte.org/>.

Supermarkets

There is a Franprix on campus. Franprix is a local grocery store. In addition to the major national brands, the chain markets more than 900 items under its own brand.

There is also a Carrefour City in the Camille Claudel district near campus. It is located at Place des Causeuses in Palaiseau.

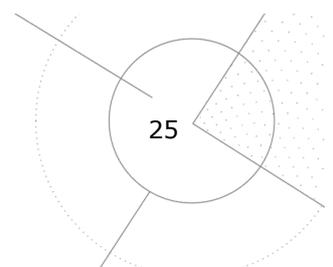
Pharmacies

There are two pharmacies on campus where you can buy medicine both with and without a prescription: Pharmacie de Lozère (15-minute walk) or Pharmacie des écoles (10-minute bus ride, Place des Causeuses in Palaiseau).

Tobacconist/Newsagent

There is also a tobacconist - which is also a newsagent and bookstore offering phone card refills and cultural products - Boulevard Gaspard Monge, Zone Polytechnique in Palaiseau. In particular, you will find terminals for your Free (phone) card there.

Open Monday to Saturday from 7 am to 9 pm (Saturday from 8 am to 9 pm).



INSTITUT POLYTECHNIQUE DE PARIS LIBRARIES

The member libraries of IP Paris offer students and staff free and unrestricted access to their spaces and their printed collections.

Please find below all the member libraries of Institut Polytechnique de Paris and their access terms.

List of IP Paris libraries

- [Ecole Polytechnique](#) (Palaiseau)
- [ENSTA Paris](#) (Palaiseau)
- [ENSAE Paris](#) (Palaiseau)
- [Telecom Paris](#) (Paris)
- [Telecom SudParis](#) (Evry)
- [HEC](#) (Jouy-en-Josas)

[More information about IP Paris Libraries](#)

HEALTH SERVICES

For medical emergencies (paramedics – SAMU) or 112 (European emergency number).

You can call 112:

- to contact any emergency service (paramedics, firefighters, police)
- in any country in the European Union
- from a landline phone, including a public phone booth or mobile phone, free of charge (with an activated SIM card)

Here's what the emergency operator will ask you:

- **Where are you?** Explain where you are as specifically as possible so that emergency responders can find you quickly (city, street, number, floor, access code for the building if required etc.)
- **What's happening?** Explain what kind of problem it is (fire, sudden illness, accident, etc.), number of victims and their condition
- **Is there a risk that things can get worse?** Evoke possible risks of fire, explosion or collapse
- Answer the questions you are asked by the person on the line.

Never hang up first! The person who has taken your call will tell you when they have all the information they need. Give them your phone number and, if possible, stay where you are, in a safe place, to guide the emergency responders.

You may also contact the nearest hospital to campus: the Orsay hospital.

This hospital is part of [Nord Essonne hospital group](#), you may contact them at 01 69 29 75 75.

The Orsay hospital adult emergency department is located on the ground floor of the main building. It provides 24 hour-a-day medical, surgical and psychiatric care for individuals above the age of 15 years and 3 months.

What you need to bring with you when you come to the emergency department to seek care (where possible): identification, your carte vitale (healthcare card), emergency contact information, prescriptions for medication in the event of ongoing treatment, results of tests carried out (x-rays, laboratory tests etc.).

You may also seek help from BAPUs (University Psychological Support Office)

BAPUs, social healthcare institutions created in 1956, are counseling centers for students seeking psychological support. The BAPU team is made up of psychoanalysts (psychiatrists and psychologists), a social worker, a university professor and administrative staff.

The first appointments are take-in interviews to help the team understand precisely what the student is looking for.

During these interviews, a psychotherapist may be involved along with the therapist the student originally met. The support provided and the period of time over which the student will visit the center vary, based on the individual student and the kind of difficulties he/she is experiencing.

There are several possibilities available:

- Occasional visits with or without being directed toward another center or organization
- Supportive psychotherapy, for a period that remains limited
- Psychoanalytic psychotherapy

To benefit from BAPU services, individuals must have a student status and be affiliated with a health insurance plan.

Here are the nearest BAPUs to campus:

BAPU Cachan 4, rue Raspail 94230 CACHAN Tel: 01 46 65 62 22	BAPU Luxembourg 44, rue Henri Barbusse 75005 PARIS Tel: 01 43 29 65 72	BAPU Pascal 30, rue Pascal 75005 PARIS Tel: 01 43 31 31 32
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Finally, if you have dental pain on a Sunday or a public holiday, call 01 69 10 00 40 to find the dental surgeon on call in Essonne.

On campus

With the support of its five member schools, Institut Polytechnique de Paris has made health services available for students on campus which you help to develop.

Dr Le Goff is available for all medical consultations for students. Consultations can be carried out in French or English on the Palaiseau campus. To contact him, email yann.legoff41@gmail.com.

You may also see physical therapists on campus. To make an appointment with the prevention secretary:

- email françoise.salomon@polytechnique.edu
- or call 01 69 33 39 20.

If you are having a hard time with your studies or personal life, you can see psychologist Sylvie Coussot. Her role is fully dedicated to PhD students from Institut Polytechnique de Paris and she always offers a friendly and listening ear. After your first, commitment-free appointment, you can receive inclusive therapy in line with your needs and expectations. Sylvie Coussot is on site from Monday to Friday and is also available for remote appointments if necessary. To make an appointment, send a message to sylvie.coussot@ip-paris.fr.

To discuss health and prevention as soon as you arrive on campus, we offer a preventive healthcare day, traditionally held on the last Thursday in September. All healthcare providers will be in attendance, along with student associations and partners who are active in this area.

Near campus

The Moulon medical center located in Gif-sur-Yvette and accessible from campus includes 2 general practitioners, one of whom is also a practicing gynecologist, an osteopathic doctor, a clinical psychologist and a speech-language pathologist.

These healthcare providers see patients by appointment. You can [make an appointment on Doctolib](#): You may also call 01 53 66 64 27 (secretary) or 01 69 85 33 13 (medical office).

These healthcare providers see patients in French, English and German.

The center is located at 2 Allée des Marguilliers in Gif-sur-Yvette.

To get to the center, you can take TransEssonne bus 91.10 or TransEssonne bus 91.06 and get off at the Juliot Curie stop.

To find other healthcare providers near campus, don't hesitate to use the [Doctolib](#) platform, which may offer telemedicine appointments depending on the practitioner.

SPORTS ACTIVITIES

IP Paris facilitates and encourages sport. It not only helps develop physical qualities, but promotes team spirit, perseverance, and self-improvement as well. Numerous indoor and outdoor facilities are available for you to practice a wide variety of sports: tennis, horse riding, football, volleyball, dance, swimming and more.

Palaiseau campus

Indoor facilities

- fitness facilities
- weight room
- fencing room
- 25-meter swimming pools
- volleyball courts
- basketball courts
- handball courts
- climbing walls
- dojo
- dance hall
- shooting range
- multi-sport facility including a weight/cardio room, a martial arts room, a dojo, a kickboxing room

Outdoor facilities

- 1 equestrian center with 30 horses
- 1 running track, 400 meters long
- 1 semi-artificial lake
- 1 climbing wall
- 3 football fields
- 3 rugby fields
- 8 tennis courts
- 1 beach volleyball court

The sports facilities on the IP Paris campus are accessible by registration with the various sports clubs or school associations.

Fitness trail

The IP Paris campus has a fitness trail offering various possibilities. You can use the fitness trail to keep in shape, or simply to enjoy the greenery in the heart of the Saclay plateau, whether on foot or by bike.

This fitness trail includes:

- 1 fitness area
- 1 city stadium
- 1 fitness path around the lake
- 3 petanque grounds near the barbecue area

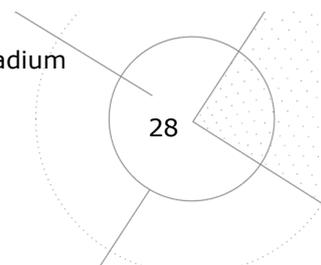
Évry Campus

Campus facilities

- 1 fitness facility totaling 1000 m2 for indoor sports
- 3 freely-accessible tennis courts with lights
- 1 basketball court
- 1 volleyball court
- 2 petanque grounds
- 1 street workout park
- 1 weight and cardio-training room with high-quality equipment

Other nearby sports facilities provided by the city of Évry

- 2 swimming pools
- 1 football and rugby stadium



- 1 running track
- 1 dojo 200 meters from campus (SCA2000 Évry judo)
- 1 fitness facility Parc des Loges (street hockey)
- 1 rowing and sailing club (SCA2000 Évry)
- 1 golf course in Etiolles (lessons and green fees)
- 1 equestrian center in Etiolles

Major sporting events

Coupe de l'X: kicking off at the start of the year, this exciting tournament brings together 12 of the best schools in Paris, all fighting hard to win.

TOSS: this is the largest student sports tournament in France. Participants come from a wide variety of engineering schools, business schools and universities all over France.

Challenge Centrale Lyon: one of the biggest sporting events for Grande École students.

GOST: organized by SupOptique, this is THE tournament held here at our Saclay Campus. It is intended to promote female athletes' participation in various types of sport: volleyball, basketball, tennis and badminton.

Challenge du monde des Grandes Écoles: this is a sports tournament coupled with a corporate networking event. The challenge held at the end of the year provides an opportunity for students to demonstrate their skills and qualities, whether professional or athletic.

TSGED: the sports tournament held among the Grande Écoles specializing in defense studies. 7 disciplines are hosted by the Fontainebleau National Defense Sports Center, supervised by the Antibes battalion: boxing, orienteering, cross-country, horse riding, climbing, football and volleyball. École Polytechnique hosts indoor rowing, badminton, basketball, fencing, handball, judo, swimming and rugby at Palaiseau. The Brest Naval School hosts the sailing events.

Sporting events have also been created through the call for student life projects launched in 2020. Examples include:

Ekiden: Ekiden is a marathon relay with 6 runners who run the following distances: 5km - 10km - 5km - 10km - 5km - 7.2km. The Ekiden du Platal route goes through Institut Polytechnique de Paris campus and the Domaniale Forest in Palaiseau. Students from the five member schools and of the Institute are invited to run alongside staff from the various institutions.

IP Paris'cup: École Polytechnique, ENSTA Paris, ENSAE Paris, Télécom Paris and Télécom SudParis meet up a weekend in June for a J80 regatta. 2 teams from each school compete aboard a J80 to prove that they are the best sailors!

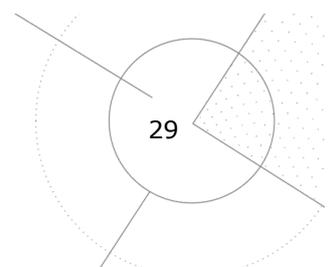
Inter-school tennis tournament: Télécom SudParis and IMT-BS have hosted an FFT Open Tournament since 1999. Since 2021, the Évry campus has hosted a tournament for IP Paris and IMT-BS students at the same time. The finals are usually officiated by umpires from Roland-Garros!

Sports associations

École Polytechnique sports associations

The [Club sportif de l'X](#) (CSX) includes: 31 adult sports sections, 7 children's sports sections and 1 games/media library section. The vast majority of these sections are supervised by volunteers and qualified instructors, and a small minority are supervised by paid outside contractors. The CSX reserves the right to limit the number of registrations based on the actual space available.

There are many sports associations at École Polytechnique, including:



- X-Para
The association X-Para partly finances and organizes weekends and sports parachuting courses for students.
- Plongée (Diving)
This association, in collaboration with the Club Sportif de l'X, organizes diving trips and helps participants obtain certificates.
- (Montagne) Mountain
The "Montagne" association offers various mountain-related activities such as cross-country skiing, hiking, climbing and mountaineering.
- Parapente (Paragliding)
The "Parapente" association organizes paragliding outings for students at École Polytechnique.
- Water Polo
This association offers students water polo activities in collaboration with the Club Sportif de l'X.
- X-Circus
The "X-Circus" association organizes circus lessons, participates in events such as Point Gamma, and organizes a show every year.

ENSTA Paris sports associations

The Sports Department (BDS) organizes sports activities at ENSTA Paris. Among the most active sports associations are:

- [ENSTAQUET](#)
- The school's sailing club
- [7 à Paris](#) the famous international student rugby sevens tournament
- Enstartiflette, which organizes an annual week-long ski trip

More associations and information at [Sports Department \(BDS\)](#).

ENSAE Paris sports associations

The Sports Department (BDS) organizes inter-school competitions and official match-ups (challenge centrale Lyon, Coupe de l'X, TOSS, Raid, GOST, French student cups), and other less official events (sports nights, a sports weekend, friendly tournaments).

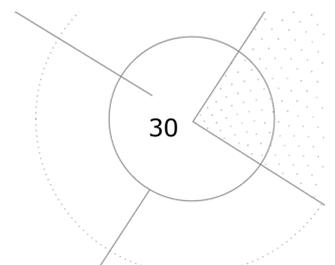
Télécom Paris sports associations

Many clubs and associations offer a variety of activities for students, including:

- Sailing
- Badminton
- Handball
- Tennis
- Volleyball

Telecom Sud Paris sports associations

- ASINT Sports Office
- Equ'IT horse riding
- Golfclub Golf
- Pomp'INT Cheerleading
- Xtreme Course



PHD STUDENT ASSOCIATIONS

PhD students at Institut Polytechnique de Paris have created two associations that are **open to everyone**.

Doc'Union

Doc'Union is the association of, by and for PhD students at École Polytechnique!

Its aim is to encourage PhD students from different laboratories to interact, by organizing professional and social events to meet up, chat and have a nice time together. The association also facilitates communication with other groups at École Polytechnique, whether X, master's students, bachelor's students or administrative staff.

You can contact the members of the association for questions or help at doc-union@polytechnique.fr.

The committee members change every year. Feel free to join them and contribute to PhD student life on campus!

Jeunes Chercheurs de Télécom

At Télécom Paris and Télécom SudParis, the PhD student association is called "Jeunes Chercheurs de Télécom" (Young Télécom Researchers) or JCT.

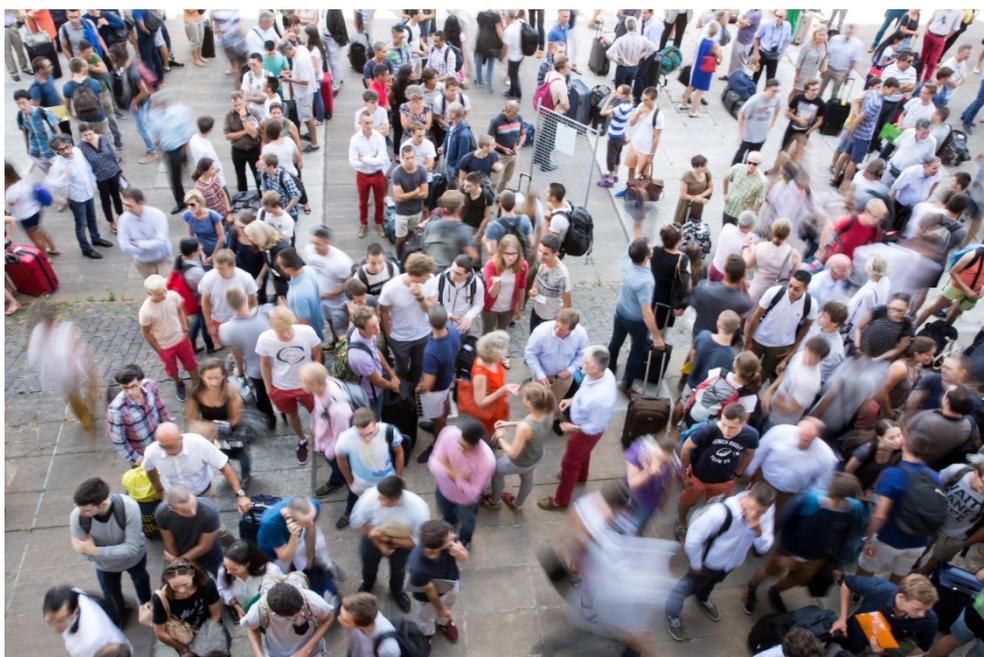
JCT is an association for PhD and postdoctoral students at Télécom Paris. It was created in September 1995 and reactivated in July 2019, after lying dormant for around two years.

JCT aims to make PhD and postdoctoral student life more dynamic, by organizing:

- Seminars for PhD students, to help them practicing giving presentations in English to a non-expert audience;
- PhD student welcome day, which is an opportunity to meet new colleagues;
- Social events such as happy hours, Raclette days, picnics, barbecues, and cultural and sporting events;
- Networking days with companies.

Feel free to contact JCT for more information or help at jct@telecom-paris.fr.

And don't forget to mention JCT to new arrivals!



YOU AND YOUR SCHOOL

YOUR STUDENT CARD

Each student receives their student card for the academic year.

It allows you to

- access all buildings on the Palaiseau campus
- pay for your meals at university restaurants using your Izly account

Pick up your card at your educational school – the school where you take most of your courses.

Ecole polytechnique	Badge office	cour Ferrié à côté de l'accueil
ENSTA Paris	Mégane PEREZ	megane.perez@ensta-paris.fr
ENSAE Paris	Marie-Christine Baker	marie-christine.baker@ensae.fr
Télécom Paris	Florence Besnard office 3A454	florence.besnard@telecom-paris.fr
Télécom SudParis - site de Palaiseau	Zeinab Londas office 4A468	zeinab.londas@telecom-sudparis.eu
Télécom SudParis - site d'Evry	Véronique Guy office DIR220	veronique.guy@telecom-sudparis.eu

Télécom Paris and Télécom SudParis also provide a badge for PhD students.

With your Télécom Paris badge, you can access everything that PhD students are entitled to (your office, cafeteria, photocopiers, library, etc.) as well as the free shuttle from Paris Porte d'Orléans to Palaiseau.

The "shuttle" badge provided by Télécom SudParis can only be used for the free shuttle connecting Paris Porte d'Orléans to Palaiseau.

The Télécom Paris student card allows you to access meals at the university restaurants (CROUS) and ISIC card advantages.

YOUR IT ACCOUNT AND THE HELP DESK

At the beginning of the academic year, each student has a computer account for the school where your laboratory is located. It will allow you to access all the services.

If you have any problems, please contact the help desk at your educational school:

École polytechnique	support@polytechnique.fr
ENSTA Paris	dsi.support@ensta-paris.fr
ENSAE Paris	support@ensae.fr
Télécom Paris	sos@telecom-paris.fr
Télécom SudParis	glpidisi@imtbs-tsp.eu

For Télécom Paris, Florence Besnard is your contact for the creation of computer accounts and the management of their extensions.

HR PROCESSES

Your doctoral contract

Contact the head of HR in your laboratory and/or school to get your doctoral contract.

École Polytechnique	drh.contractuels@polytechnique.fr
Télécom Paris	rh@telecom-paris.fr
Télécom SudParis	For doctoral contracts adminitration-rh@imtbs-tsp.eu For everything else ecoledoctorale@telecom-sudparis.eu

To take leave, you need to contact your thesis supervisor and use the specific application:

École Polytechnique	https://conges.polytechnique.fr/fr/login
Télécom Paris	https://mintel.imt.fr
Télécom SudParis	https://mintel.imt.fr

Complementary activities

You have the option of doing complementary activities, which must not exceed 64 hours equivalent of TP/TD tutorials per school year.

For more information on this subject, please contact your school and the management of your laboratory:

Télécom Paris	rh@telecom-paris.fr
Télécom SudParis	For doctoral contracts adminitration-rh@imtbs-tsp.eu For everything else ecoledoctorale@telecom-sudparis.eu

Travel orders

You must get your travel orders approved by your laboratory or department.

Taxes

As of January 1, 2019, taxes are deducted at the source in France.

For the first pay you receive as part of your PhD, the rate applied will be the neutral rate, except for in the event of personal constraints applied by the Administration.

This rate will be readjusted following your income declaration in N+1, or during the year if you make a request to the Administration.

PhD training

On top of personalized training through research in the course of your work within the research unit, PhD training also includes participating in collective classes, aimed at:

- strengthening the scientific culture of PhD students, especially in their scientific field;
- preparing them to enter the professional world or continue their career in the public or private sector;
- increasing their international opportunities.

There are three kinds of training: scientific, linguistic and interdisciplinary. The latter includes ethics and research integrity, which is part of all PhD students' obligations, as per the May 25, 2016 decree relating to PhDs.

Each PhD student must complete minimum 100 hours of training across the duration of their thesis.

Furthermore, an English language exam must be provided or completed when starting your PhD. Students that do not have the level required will have to attend English classes until they obtain this level (which can account for 20 hours maximum).

The 100 minimum hours are broken down as follows:

- 40 to 60 hours of scientific training, with 20 open hours (outside the subject of your thesis);
- 40 to 60 hours of interdisciplinary training, including training in ethics and scientific integrity;
- 0 to 20 hours of language training.

This training should help PhD students to, firstly, be more efficient in their research project and, secondly, prepare for their professional future.

We recommend choosing your classes according to these two objectives. You can also ask your thesis supervisor for advice.

The mandatory 100 hours of training may be reduced in the following cases:

- Joint PhD: the mandatory hours will be reduced by half, but the PhD student will be required to complete the remaining half at the overseas host university as soon as possible.
- Thesis part of a CIFRE agreement or undertaken to a significant extent in a professional context: no interdisciplinary training will be required, but 60 hours still need to be done, either entirely scientific training or 40 hours (minimum) scientific training and 20 hours (maximum) language training.
- Commitment to associations: demonstrated commitment to PhD associations or other general interest associations is rewarded by a 5-hour reduction in interdisciplinary training requirements per year of commitment.
- Teaching: 10-hour reduction per block of 64 hours of teaching (or proportionally), limited to 30 hours total.

The interdisciplinary and language classes will be described and announced in a catalog on ADUM. You will also need to enroll via ADUM.

Classes outside the catalog, particularly scientific training (specialist schools, master's modules, conferences or seminars, etc.), are not automatically approved. You must submit a request for approval to the head of the field beforehand. They will be counted on the condition of a certificate of attendance, to be uploaded by the PhD student on ADUM.

Mini-defense

A "mini-defense" will be organized midway through the thesis (i.e. 18 months after enrollment for a nominal duration of 36 months).

The monitoring committee's report is a prerequisite to enroll in second year for students enrolled prior to March 1 of the N-1 calendar year (nominal duration of 36 months), and in any case, to enroll in third year, if the report was not provided to enroll in second year.

Your mini-defense will be organized under the supervision and at the initiative of your thesis supervisor.

Here is the process to follow:

- two weeks before the mini-defense, the PhD student must provide a manuscript (15 pages maximum in total) introducing the subject, work completed and results obtained, as well as

the prospective paths forward leading up to the defense (12 pages maximum), a list of all potential communications and publications, and a CV;

- two weeks before the mini-defense, the PhD student must provide their career plan, completed and planned courses, as well as the form for the committee report with data pre-filled;
- presentation (20-25 minutes, followed by questions and answers) in front of two external monitoring committee members, one of which is designated the president, followed by a separate interview with the members and thesis supervisor alone, and the members and PhD student alone;
- the consensus report from the two external monitoring committee members will be provided to the head of the field, signed by the president. This will then be sent by the DS to the PhD student and their thesis supervisor, who may add their comments to it.

YOUR DISABILITY ADVISORS

Each school has advisors for disability topics.

If you have any questions or need information, feel free to contact the advisor at your school.

Ecole polytechnique	Julie Andrieu	julie.andrieu@polytechnique.edu
ENSTA Paris	Samira El Haddad, office R.139	samira.elhaddad@ensta-paris.fr
ENSAE Paris	Elisabeth Andreletti-Cheng, office 3089	elisabeth.andreoletti-cheng@ensae.fr
Télécom Paris	Sarah Bensalem	sarah.bensalem@telecom-paris.fr
Télécom SudParis	Sandrine Chapelet	sandrine.chapelet@telecom-sudparis.eu

If you don't know who to contact, feel free to write to the generic address: suivi.handicap@ip-paris.fr.

YOUR PRIVILEGED CONTACT AT YOUR LABORATORY

For all your HR questions, consider contacting your lab manager.

If you don't know your manager, contact your academic manager.

YOUR STUDENT LIFE OFFICER

For questions other than educational questions or needs, contact Delphine Duprat - Student Life Officer at IP Paris (vie-etudiante@ip-paris.fr). Feel free to contact her if you are having any problems or difficulties, or if you have questions about campus life (which are not answered in this booklet). She will do everything she can to help you have a full and rewarding student life.



CALENDAR AND EVENTS

BANK HOLIDAYS

All Saints - November 1
Armistice Day - November 11
Christmas Day - December 25
New Year's Day - January 1
Easter Monday - April 18
Labor Day - May 1
Victory Day - May
Ascension - May 26
Whit Monday - June 6
Bastille Day (French National Day) - July 14
Feast of Assumption - August 15

SPECIFIC EVENTS OPEN TO ALL

Les tribunes de l'X

Lectures and debates organized at École Polytechnique. More information and registration at: <https://tribunesdelx.com/>

X Forum

X-Forum is an annual networking event that brings together nearly 2,000 students and 160 international corporations, schools and universities on our campus.

Lectures and workshops are also organized the first and second day that the companies and universities are on campus.

More information at: <https://fr.xentreprises.com/presentation#forum>

Point Gamma

One of France's biggest and best-known student parties is organized at École Polytechnique. It takes place in early June and includes several live concerts and a DJ/electro stage. Many students are involved with preparation in the weeks leading up to the festival.

Forum Trium

A corporate networking event for students organized by ENSTA Paris, ENSAE Paris, École des Ponts ParisTech and Mines ParisTech. More information at: <https://www.forum-trium.com/>

Le Boom

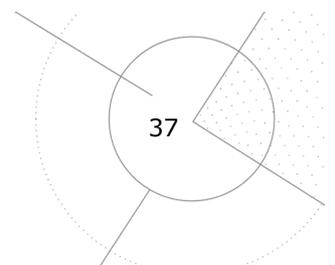
THE student party organized by ENSTA Paris with over 1,000 participants, open to all.

Forum Télécom Paris

An event that gives students the opportunity to meet companies (from start-ups to leading corporations), in order to learn more about them, develop their network, find an internship or even a job. It is organized by the Télécom Paris association with the same name.

Corner Tech

For 30 years, Corner Tech has been bringing together more than 3500 visitors and more than 100 companies offering long and short internships, jobs and work-study programs in a wide range of fields: auditing, consulting, networks, information technology, finance, industry, banking, insurance, etc



CULTURE

IN PARIS

There several websites offering free or cheap invites to events, some of which are listed below:

- <http://www.meetmeout.fr/>
- <https://www.timeout.fr/paris>
- <https://www.parisinfo.com/decouvrir-paris/guides-thematiques/paris-a-petits-prix>
- <https://en.parisinfo.com/discovering-paris/themed-guides/paris-for-free/free-museums-and-monuments-in-paris/free-admission-and-good-deals-in-museums-and-monuments-in-paris>
- <http://www.paris-friendly.fr/soiree-paris/pas-cher>
- <http://guideduparisien.fr/guide/consommer/paris-gratuit-bons-plans/>

NEAR THE PALAISEAU CAMPUS

- <https://www.destination-paris-saclay.com/en/>
- <https://www.ville-palaiseau.fr/epanouissante/culture>
- <https://paul-b.fr/>

NEAR THE ÉVRY CAMPUS

- <https://www.scenenationale-essonne.com/>
- <https://www.evrycourcouronnes.fr/loisirs/les-grands-evenements-culturels/>
- <https://sortir.grandparissud.fr/evenements>

CINEMAS

Palaiseau Campus

There is a Cinépal cinema in Palaiseau town center, and a Pathé cinema in Massy next to Massy-Palaiseau train station.

Évry Campus

There is a CGR cinema in Évry and an Arcel cinema in Corbeil-Essonnes.

Paris

The least expensive cinemas in Paris are the mK2 cinemas (Beaubourg, Gobelins and Bibliothèque), where tickets cost €4.90 for students under 26. If you want to know if a movie is available in English, look for VOSTFR or VO (original version) screenings.

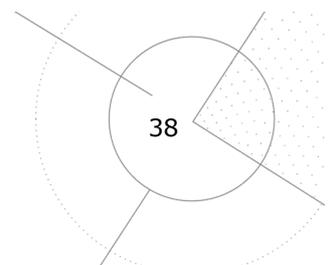
NOTABLE SITES NEAR CAMPUS

Sandstone quarry in the La Troche district of Palaiseau

The La Troche quarry has been listed as a major geological site since 2007. It is the last sandstone quarry of such fine quality that can be seen in the north of Essonne.

Located in the heart of the Eugène Chanlon park, this site has been renovated in recent years. Enjoy a walk along this major ecological corridor with benches and educational signs.

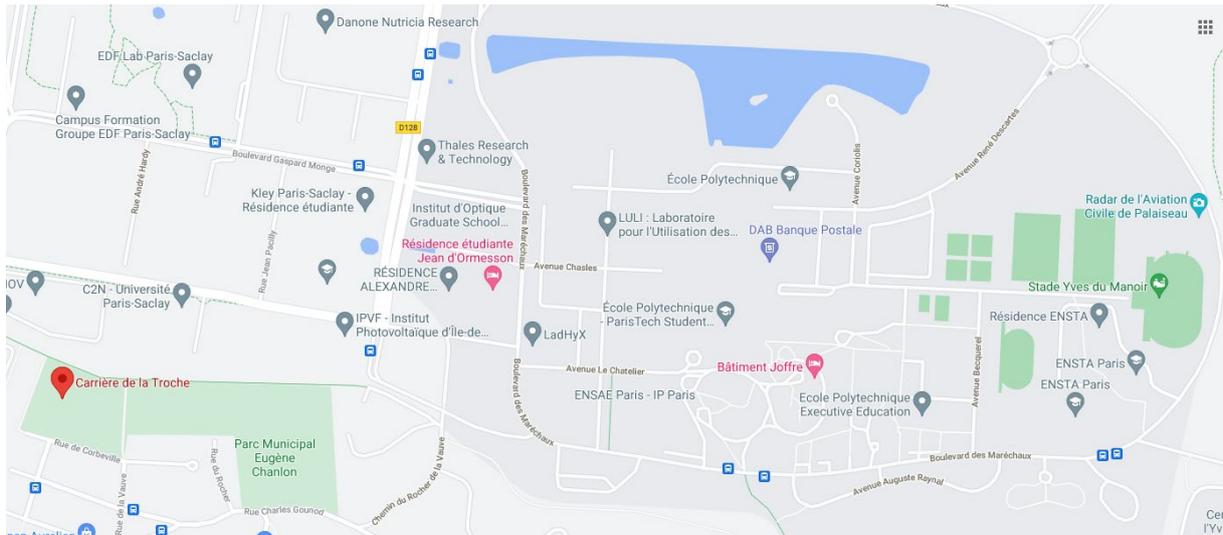
The La Troche sandstone quarry is also an authorized rock climbing site. As long as you don't carve artificial handholds, use a minimum of chalk and respect the wildlife and vegetation on the rocks, you can take advantage of this unique geological site to climb in a natural environment.



This climbing site is unique in that it is located between the slab and the cliffs with its structure facing the quarry and boulders measuring 5 meters high on average.

To get there from campus, just take the following route:

- Take Boulevard des Maréchaux and continue for 650 meters
- Turn onto the road on your left and continue for 170 meters
- Turn left onto Chemin du Rocher de la Vauve and continue for 280 meters
- Enter Orsay and continue on Rue Charles Gounod for 220 meters
- Turn slightly left onto Rue de la Corniche and continue for 90 meters
- Turn slightly right onto Rue de la Martinière and continue for 110 meters
- Turn right onto Rue de la Vauve and continue for 75 meters
- Turn left onto Rue de Corbeville and continue for 5 meters



Viaduc des Fauvettes

The Fauvettes Viaduct is located in a green valley nestled between prairies and a forest of chestnut trees. It is a railway viaduct that has been out of use since the Second World War, over which a simple walking trail now passes. The site is generally shady, but there are also some pillars in the sun.

Since it was renovated (in 2004) and reopened to the public, it offers approximately one hundred climbing routes, most of which are longer than 20 meters, and up to 36 meters on the central pillars. Many routes with a 5+ and 6 level.

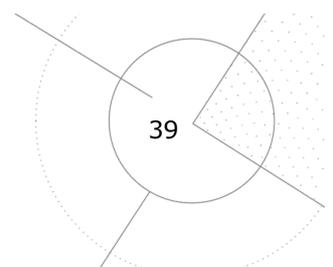
N118 and the Bures sur Yvette exit or A10 and the Bures sur Yvette exit.

Without entering Bures sur Yvette, follow the direction "Gometz le Chatel" (D988 - Route de Chartres).

RER B train toward Saint-Rémy-les-Chevreuses, Bures/Yvette stop. It's about a 25 minute-trip from Denfert-Rochereau, then a 15-minute walk.

At the RER exit, walk along the railway line on Chemin de la Croix de Bures. At the cross, cross the street to walk along Rue de Montjay on the sidewalk on the right-hand side of the street. When you get to a bench, turn right into the woods and pick up the walking trail, which goes to the left. Go under the tunnel, then continue until you reach the viaduct - you will arrive by pillar 1.

<http://www.gometzlechatel.fr/fr/information/89333/viaduc-fauvettes>



Parc de Sceaux

Sceaux Park is accessible from campus by taking the RER B train toward Paris, to the Bourg-la-Reine, Sceaux or Parc de Sceaux stations.

Open daily, with hours that closely follow sunrise and sunset, Sceaux Park provides visitors with 180 hectares of nature, landscaped and arranged for everyone's enjoyment.

It is a perfect place to take a walk, jog, play with a ball, walk your dog, fish or simply dream. The park can be used in a wide variety of ways, including some unexpected ones.

<https://domaine-de-sceaux.hauts-de-seine.fr/>

Maison atelier Foujita

In 1960, Foujita purchased a small country house in Villiers-le-Bâcle in the Chevreuse Valley, which he restored over the course of a year. He renovated it entirely, reserving the attic space for his studio. It was there that he would design his last major work: Notre-Dame-de-la-Paix Chapel in Reims.

In 1991, his wife Kimiyo donated the home to the Essonne Departmental Council. Kept unchanged since the artist's death in 1968, it has been restored and open to the public since 2000.

The house reveals the artist's secret universe and sources of inspiration. There, Foujita, a man of wide culture and insatiable curiosity, gathered an array of objects collected during his travels and from the various people he met.

To visit the Foujita home and studio, simply take bus 91-10 toward the Orly airport for 2 stops; at the Camille Claudel stop, take bus 91-11 toward the Saint Quentin bus station and get off at the Rond point - Maison Foujita stop. From there it is just a ten-minute walk to the home and studio.

<https://www.fondation-foujita.org/la-maison-atelier-foujita-3/>

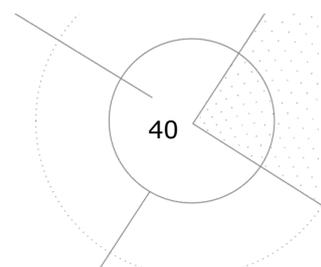
Domaine de Chamarande

Le Domaine départemental de Chamarande est un site patrimonial paysager et culturel unique en son genre. Au XXe siècle, successivement foyer originel du mouvement scout en France, coopérative ouvrière de production avec Auguste Mione, et groupement d'associations dans les années 1970, il a constitué un lieu d'expérimentation et d'utopies en dialogue constant avec la société.

Dès 2001, le Conseil départemental de l'Essonne a voulu faire de ce site emblématique, propriété du Département depuis 1978 mais fermé au grand public, un équipement culturel phare de l'Essonne, chargé de « renouer avec la création artistique contemporaine à partir de son cadre naturel ».

Le plus important jardin public de l'Essonne (98 hectares) réunit ainsi aujourd'hui, dans un espace patrimonial et paysager labellisé « jardin remarquable », un centre artistique et culturel, les Archives départementales et un centre d'hébergement pour les scolaires, le centre Auguste Mione.

La gratuité du site, sa facilité d'accès avec une gare RER à 200 mètres, ses paysages variés, son ouverture 365 jours par an et sa programmation éclectique, exigeante et accessible à tous, tendent à en faire un véritable espace de démocratisation culturelle.



Châteaux of the Chevreuse Valley

The Chevreuse Valley is home to some beautiful castles that you can visit from campus.

Château de Breteuil

The Château de Breteuil or Château des Contes de Perrault (Perrault's Fairy Tales) is set in the center of the natural park of the Chevreuse Valley, in the south of the Yvelines department, 35 km from Paris and 20 km from Versailles.

The Château de Breteuil brings to life everyday scenes of a family at the heart of French history through 50 beautifully crafted wax figures. Seven of Perrault's fairy tales are portrayed in the outbuildings.

The grounds cover 75 hectares and include a walk through remarkable trees, several gardens, a labyrinth and play and picnic areas. Open daily.

<http://www.breteuil.fr/>

Château de Courson

The Domaine de Courson, a light-filled Grand Siecle residence, offers visitors a wooded country setting.

Step into the heart of a château that belonged to a General of the Empire, and explore remarkable works, from 17th century paintings to Directoire-style furniture and Aubusson tapestries. Listen as guides tell the story of an extraordinary site.

Take a bucolic stroll through its English-style gardens, designed by Louis-Martin Berthault, and enjoy remarkable trees and fragrant roses.

<http://www.domaine-de-courson.fr/>

Château de Dourdan

The castle was completed in 1222 by King Philippe Auguste of France, replacing a wood structure dating from the times of Hugues Capet.

Dourdan is one of the only 13th century fortresses in the Ile-de-France region to have preserved most of its defensive structures: dry moats, curtain walls, towers, keep. It was listed as a Historic Monument in 1964, and has undergone several periods of restoration since then.

The Guyot family, who owned the château from 1863 to 1969, refurbished the former salt store built in the 18th century by the Marquis de Verteillac, to make it into a living space.

This residence, which has been turned into a museum, has retained much of its Gothic Revival and eclectic decor.

The house-museum received the Museum of France label in 2003 and now houses extraordinary collections displayed in chronological and thematic order, accounts of the Dourdan estate: furniture, ancient paintings, prints, paintings, sculptures and more.

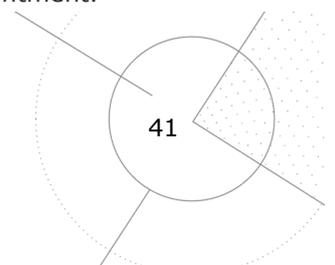
<https://www.dourdan.fr/a-voir-a-vivre/lechateauetsonmusee/>

Château de la Madeleine

The Château de la Madeleine, located on the hills of Chevreuse, offers stunning views of the Yvette valley. The magnificent fortress was built between the 11th and 14th centuries.

The Maison du Parc was built inside the castle's walls. The office of the Regional National Park is housed within the castle's walls and is accessible to partners and individuals by appointment.

Château de Mauvières



The beautiful white silhouette of Château de Mauvières' Louis XV architecture, surrounded by a lush garden, can be seen from departmental road 58. The family home of Cyrano de Bergerac, which would later inspire Edmond Rostand's famous character, the château has maintained its 18th century charm: an English-style garden and large outbuildings including a Louis XIII dovecote. French-style aquatic gardens, contemporary sculptures.

<https://www.mauvieres.com/>

St Jean de Beaugard Estate

The Saint-Jean de Beaugard estate features a château and gardens spanning several acres.

The Saint-Jean de Beaugard château is a favorite destination for garden-lovers from around the world and is located in the Haute Vallée de Chevreuse Regional Natural Park.

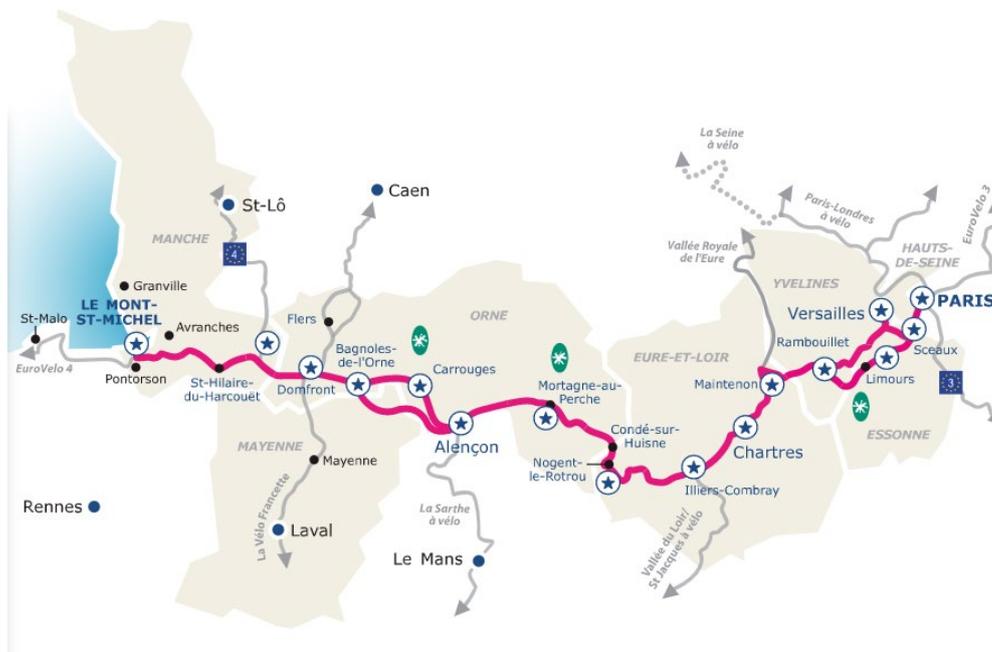
Remarkably well-preserved, it has maintained all the charm and elegance of its classical 17th century setting.

Set in a wooded and landscaped park, the powerful and austere structure of the château – with its seven courtyards, a park, and an almost perfectly square-shaped French-style garden that houses a chapel, outbuildings, a vegetable garden, a dovecote, an orangery, a watering hole, an ice house, moats – features all the essential items for everyday life in the 17th century.

<http://www.chateaudesaintjeandebeaugard.com/en/>

Véloscénie, a 450 km cycle path from Paris to Mount Saint-Michel

Set out to discover the History of France, illustrated by its most beautiful monuments, five of which are UNESCO-listed world heritage sites. Between groomed trails, green cycle paths, small marked routes and forest trails, this cycle path takes you through the heart of the Chevreuse Valley, Perche and the Norman countryside. Don't miss the Palace of Versailles, the Château de Maintenon, Chartres Cathedral, the Thermal Springs of Bagnoles de l'Orne or Alençon Lace.



The second leg takes you from Massy to the Palace of Versailles and passes near our campus!

More information at: <https://www.veloscenie.com/>



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- find your way on the Palaiseau campus
- check transportation timetables and plan your route to get to the Palaiseau campus
- access you course schedule
- check your grades
- access restaurant and cafeteria menus
- and much more to discover when you log in!



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